

get Motivated

Listen To Music

Whether you choose the radio, an mp3 player, or your favorite playlist on the computer, music will help you be more excited about cleaning. Choose upbeat music, it will make you work faster and as an added benefit it can count as light exercise.

Wear Real Clothes

Not your best clothes of course, but not pajamas. Really getting dressed down to comfy shoes can help tell your mind that you've got work to do. If you start cleaning in your bed pants and house shoes, it may be more difficult to take the work seriously, and therefore get it done quickly.

Set a Deadline

Invite someone over for dinner. You'll be more motivated to clean because you have to get it done by a certain time. Be careful to give yourself enough time to actually get your cleaning done. You can also use a timer. This works really well with kids. Try to beat your last "record" for cleaning. Kids will actually get excited trying to beat the clock.

Give Yourself a Reward

This can be something you purchase..."If I finish my daily cleaning, I can buy that new book I've been wanting." Or, it can be time doing something you really enjoy. Creating a reward for yourself when you've finished a dreaded chore can be a great motivating tool.



Organize and Clear the Clutter

One of the biggest parts of spring cleaning is getting rid of clutter that you don't need. Now is a good time to advantage of the natural spring urge to get rid of items that are weighing you down and begin fresh with a more streamlined lifestyle. A systematic four-step approach to identifying problems, analyzing reasons, determining solutions, and implementing remedies can be extremely productive at this time of year. Sorting your belongings into four categories —throw-away, give-away, store-away, or put-way—can also be effective as you begin the spring-cleaning process.

Now is a great time to plan a garage sale or to donate items to good causes. Cleaning will be a lot easier when the clutter is gone.

Get the Family Involved

If you need a little help in your cleaning endeavors, get your family involved. Even the most unwilling helper can make a big difference in the workload. Don't worry: There are ways to deal with even the most reluctant helpers. This is actually a great time of year to get the entire family to work together. Try throwing on some music or establishing a family reward as an incentive to get the work done.

Tackle the Seasonal Chores

There are some special chores that need to be done seasonally. We ignore them for most of the fall and winter, but now it is time to bite the bullet and get these things clean. Even though these chores only need to be done once or twice a year, they will help your home run look better and run smoothly. Outdoor chores like cleaning grills, patios, and windows can be a little intimidating, but there are some simple tricks that can keep the jobs manageable.

4 bucket Method

We all aspire to a more streamlined life, but getting rid of the clutter in your home is not as easy as it sounds. Even the things we might have used only once or twice seem to call out to us with its greater purpose in the scheme of our lives once faced with the trash can. With this simple-to-follow method, with a little willpower, it is possible to give clutter a life far away from yours.

Find 4 boxes and label them with the 4 categories:

throw

Throw Away: This box should include any item that you do not need or want, but that is not worth donating or selling. Damaged and broken items should be included in the trash if they are not worth someone buying it and repairing it.

give

Give Away: Here is your chance to be generous. Think about the uses someone else might get out of the items vs. the use it gets in your home buried in cabinets or closets. You should also consider the financial benefits of selling your stuff at a garage sale.

store

Store Away: This is where you put items that you cannot part with but do not need on a regular basis. Make an inventory of the items as you box them. Group similar items together. Remember one good way to clean out closets is to store out of season clothing.



Put Away: This should be your smallest category. These are items that need to be out on a regular basis. Monitor yourself by determining if you have a place for each item. If the items in this box will not fit into your home without cluttering an area up, try to reassess if you really need them. If you do need these essentials, try to come up with a storage solution that fits into your home.

Your Spring Cleaning Guide



Working room by room, sort items into the appropriate boxes. Work with one item at a time determining its proper place in your newly organized life. Do not forget to go through closets, cabinets, and storage spaces. Removing clutter from rooms like the kitchen and bathroom may be very easy to do, while rooms with storage containers and closets may take a lot more time.

Work on one room at a time to provide yourself with an easy stopping point for interruptions. When you come to a stopping point, be sure to throw out the trash immediately. Box up the storage box. Place the giveaway/sell box in the garage, or out of sight. If you allow yourself to contemplate the decisions you have made, your brain can trick you into rescuing the clutter.

Things To Remember

Items are not equivalent to memories of the person who gave them to you, but pruning items with an emotional attachment can be difficult. Consider carefully if you need the item to have the memory or emotional attachment. If you simply aren't sure, consider storing items on a trial basis, or giving them to another family member for safekeeping.

Get rid of old clothing even if it's the size you used to be and hope to return to. It's tempting to keep them for when you reach your goal but think about instead rewarding yourself with a new wardrobe when you get to your goal weight.

Keeping things just because you might need them someday may seem like a good reason for clogging your closets. Remind yourself that what you really need is space and organization.

•Kitchen

Open windows.
Remove and clean window coverings.
For each cabinet or drawer. Remove items, wipe out drawer, place items back neatly
Wash and sanitize cutting boards
Wash cabinet doors and knobs
Clean and organize pantry.
Check food expiration dates.
Clean oven.
Clean stove top. Remove elements and drip bowls, if applicable, wash and put back
Clean and organize fridge and freezer.
Check food expiration dates.
Clean under fridge and stove.
Vacuum refrigerator coils.
Clean microwave.
Clean crumbs out of toaster.
Wipe down any other counter appliances
Wash and shine sink. Shine faucet. Clean drain.
Clean Dishwasher with vinegar.
Dust light fixtures.
Wash windows and window sills. Remove window screens and wash.
Wash switch plates.
Wash walls and trim as needed.
Wash doors and door knobs.
Wash counters and back splash.
Wash vent covers
Sweep and wash floor.

Open windows

Zoning Room

Wash curtains.
Wipe down table and chairs.
Wipe down or dust other furnishing.
Clean chairs
Polish table
Create a pretty spring vignette on table.
Dust any displayed china or serving dishes.
Launder table linens.
Shine silverware.
Dust art.
Wash windows and window sills. Take out and wash window screens.
Wash switch plates
Wash walls and trim.
Wash doors and door knobs
Wash vent covers.
Clean floors.

3. Living Room

---Open windows
---Vacuum sofas
---Spot clean sofas, if applicable
---Launder throw pillows and blankets
---Dust shelves, furniture and decor
---Clean lamps and lampshades
---Wash windows and window sills
---Take out and wash window screens
---Clean television screen
---Carefully dust electronics
---Tidy electronics wires. Tuck nicely out of sight



___Clean television screen
___Carefully dust electronics
___Tidy electronics wires. Tuck nicely out of sight
___Sort through music and DVD collections. Purge things that no longer suit your families interests. Organize what is left in an attractive manner.
___Sort books and magazines. Donate or recycle ones that no longer suit your families interests.
___Wash hard plastic children's toys with warm soapy water. Rinse and dry. Launder stuffed toys. Donate or store toys that your children have grown too old for.
___Wash switch plates
___Wash walls and trim as needed
___Wash doors and knobs

Clean floors

4-Laundry Room

___Open windows
___Wash windows and window sills
___Take out and wash window screens
___Wash cabinet doors
___Wash inside cabinets
___Wash laundry sink. Shine faucet. Clean drains.
___Wash outside of washer and dryer
___Wash inside of washing machine
___Wash lint trap with soap and water to remove filmy build-up from laundry soaps and dryer sheets. Let air dry thoroughly before putting back in place.
___Wash switch plates
___Wash walls and trim
___Wash doors and door knobs

___Wash floor registers and other vent covers

___Sweep and wash floors

___Reseal grout lines, if applicable

5. Bathrooms

Open windows
Wash windows and window sills
Take out and wash window screens
Wash cabinet doors
Wash inside cabinets
Dust down the ceiling and corners
Dust the vents and fans
Scrub the shower and tub
Clean/wash shower curtain
Scrub down the toilet
Vacuum Out the Closet
Wash down the sink and fixtures
Clean out underneath sink
Wipe Down Light Switches, Fixtures
Shake out bathroom rugs/wash
Clean Windows and Mirrors
Empty and wash out the trash can
Go through any junk drawers you may have and clean them out
Clean the Floors

6-Bedroom

- ___Pick Up and Put Away All Clothes, Books, Belongings
- ___Strip the Bed
- ___Launder the Bedding
- ___Flip the Mattress
- ___Push Aside the Bed and Clean Under It
- ___Vacuum Out the Closet
- ___Dust all Surfaces
- ___Wipe Down Light Switches, Fixtures and Ceiling Fan
- ___Dust down the ceiling and corners in the master bedroom.
- ___Clean Windows and Mirrors
- ___Wash Curtains or Clean Blinds
- ___Remake the Bed
- ___Go through any junk drawers you may have and clean them out
- ___Clean the Floors/Vacuum the Carpet



7.Kids Room Playroom

- ___Pick up all trash
- ___Find everything that belongs in another room
- ___Put away things that are on the floor
- ___Put away the things on the desk, dresser and nightstand
- ___Dust
- ___Clean any glass
- ___Change the sheets
- ___Make bed
- ___Pick up all dirty clothes
- ___Refold or rehang all clean clothes
- ___Wipe down door and trim
- ___Clean windows
- ___Clean Curtains
- ___Vacuume/mop



8 Stairwells

- ___Sweep/vacuum stairs
- ___Spot clean walls
- ___Wipe down handrail
- ___Dust art and light fixtures



9. Outside

- ___Sweep porches and walkway
- Wash thresholds
- ___Wash exterior doors
- ___Give front door a fresh coat of paint, if necessary
- ___Clean or replace welcome mat
- ___Wash siding
- ___Change any burnt out light bulbs

Keep Your Home Looking // 2001 The 15 minute clean up method

If you have last-minute hosting duties or have just forgotten to clean the house in a while, use the 15-minute cleanup plan for any room (or all of your rooms). Try setting a timer and doing it all in 15 minutes.

How a 15-Minute Cleanup Works

A 15-minute cleanup works because it recognizes that there are three types of items you need to clean up in a room. Everything falls into one of three categories:

- 1. Trash
- 2. Things that don't belong in the room.
- 3. Things that belong in the room, in a different place.

Having only a few categories to sort items into makes a pickup run more smoothly. The 15-minute cleanups also work because they are designed to maintain a room. Having a quick cleaning session in a room several times a week will keep your home looking great between more intense cleanings.

What a 15-Minute Cleanup Is and Isn't

A 15-minute cleanup is a brief step-by-step guide to cleaning a room in 15 minutes or less. While the room may not be white glove clean, it will be presentable to guests. Quick cleanups are a great way to maintain a home in between more thorough cleanings. These cleanups include step-by-step instructions, a list of supplies, tips, and links for more thorough information.

A 15-minute cleanup is not the only cleaning regimen you'll need to keep your home in tiptop shape. It's not an intense cleaning, but only a brief pickup of a room. To really keep a home clean, more thorough work will need to be done according to your cleaning schedule. Before intensely cleaning a room, it's a good idea to start with that room's quick 15-minute cleanup.

Who is Norm Realty

Origen Realty is a full-service real estate brokerage, combining the best of tradition and innovation. Our agents are client-focused and provide traditional one-on-one service to each client. We pride ourselves on being the most knowledgeable in the industry. With our daily training and coaching, our agents have thousands of hours of training and are the best you'll find in the business.

We're known for our integrity, marketing knowledge and innovation. We stay up to date on the latest marketing trends to sell homes quicker and for more money. Our common sense pricing model is just the icing on the cake!

You've worked hard to build equity in your home, and we aim to help you keep it. That's why we'll build a custom listing package to provide you with the best service, AND help you save money compared to typical real estate commissions. Our sellers have saved over \$1.5 million in commissions.

We provide elevated service at a lower price. We do this because we want you to be so pleased with our services that you'll choose to hire us every time you buy or sell.

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