## the ultimate



(og)

## Your Spring Cleaning Guide

## Get Motivated

## Listen To Music

Whether you choose the radio, an mp3 player, or your favorite playlist on the computer, music will help you be more excited about cleaning. Choose upbeat music, it will make you work faster and as an added benefit it can count as light exercise.

## Wear Real Clothes

Not your best clothes of course, but not pajamas. Really getting dressed down to comfy shoes can help tell your mind that you've got work to do. If you start cleaning in your bed pants and house shoes, it may be more difficult to take the work seriously, and therefore get it done quickly.

## Set a Deadline

Invite someone over for dinner. You'll be more motivated to clean because you have to get it done by a certain time. Be careful to give yourself enough time to actually get your cleaning done. You can also use a timer. This works really well with kids. Try to beat your last "record" for cleaning. Kids will actually get excited trying to beat the clock.

## Give Yourself a Reward

This can be something you purchase...IIf I finish my daily cleaning, I can buy that new book I've been wanting." Or, it can be time doing something you really enjoy. Creating a reward for yourself when you've finished a dreaded chore can be a great motivating tool.

## Overview

## Organize and Clear the Clutter

One of the biggest parts of spring cleaning is getting rid of clutter that you don't need. Now is a good time to advantage of the natural spring urge to get rid of items that are weighing you down and begin fresh with a more streamlined lifestyle. A systematic four-step approach to identifying problems, analyzing reasons, determining solutions, and implementing remedies can be extremely productive at this time of year. Sorting your belongings into four categories -throw-away, give-away, store-away, or put-way - can also be effective as you begin the spring-cleaning process.
Now is a great time to plan a garage sale or to donate items to good causes. Cleaning will be a lot easier when the clutter is gone.

## Get the Family Involved

If you need a little help in your cleaning endeavors, get your family involved. Even the most unwilling helper can make a big difference in the workload. Don't worry: There are ways to deal with even the most reluctant helpers. This is actually a great time of year to get the entire family to work together. Try throwing on some music or establishing a family reward as an incentive to get the work done.

## Tackle the Seasonal Chores

There are some special chores that need to be done seasonally. We ignore them for most of the fall and winter, but now it is time to bite the bullet and get these things clean. Even though these chores only need to be done once or twice a year, they will help your home run look better and run smoothly. Outdoor chores like cleaning grills, patios, and windows can be a little intimidating, but there are some simple tricks that can keep the jobs manageable.

## Your Spring Cleaning Guide

## 4 hancect Method

We all aspire to a more streamlined life, but getting rid of the clutter in your home is not as easy as it sounds. Even the things we might have used only once or twice seem to call out to us with its greater purpose in the scheme of our lives once faced with the trash can. With this simple-to-follow method, with a little willpower, it is possible to give clutter a life far away from yours.

Find 4 boxes and label them with the 4 categories:

Throw Away: This box should include any item that you do not need or want, but that is not worth donating or selling. Damaged and broken items should be included in the trash if they are not worth someone buying it and repairing it.

Give Away: Here is your chance to be generous. Think about the uses someone else might get out of the items vs. the use it gets in your home buried in cabinets or closets. You should also consider the financial benefits of selling your stuff at a garage sale.

Store Away: This is where you put items that you cannot part with but do not need on a regular basis. Make an inventory of the items as you box them. Group similar items together. Remember one good way to clean out closets is to store out of season clothing.

Put Away: This should be your smallest category. These are items that need to be out on a regular basis. Monitor yourself by determining if you have a place for each item. If the items in this box will not fit into your home without cluttering an area up, try to reassess if you really need them. If you do need these essentials, try to come up with a storage solution that fits into your home.

## Your Spring Cleaning Guide

## 4 bucket Method <br> continued...

Working room by room, sort items into the appropriate boxes. Work with one item at a time determining its proper place in your newly organized life. Do not forget to go through closets, cabinets, and storage spaces. Removing clutter from rooms like the kitchen and bathroom may be very easy to do, while rooms with storage containers and closets may take a lot more time.

Work on one room at a time to provide yourself with an easy stopping point for interruptions. When you come to a stopping point, be sure to throw out the trash immediately. Box up the storage box. Place the giveaway/sell box in the garage, or out of sight. If you allow yourself to contemplate the decisions you have made, your brain can trick you into rescuing the clutter.

## Things To Remember

Items are not equivalent to memories of the person who gave them to you, but pruning items with an emotional attachment can be difficult. Consider carefully if you need the item to have the memory or emotional attachment. If you simply aren't sure, consider storing items on a trial basis, or giving them to another family member for safekeeping.

Get rid of old clothing even if it's the size you used to be and hope to return to. It's tempting to keep them for when you reach your goal but think about instead rewarding yourself with a new wardrobe when you get to your goal weight.

Keeping things just because you might need them someday may seem like a good reason for clogging your closets. Remind yourself that what you really need is space and organization.

## Your Spring Cleaning Guide

## Kitchen

___Open windows.
___Remove and clean window coverings.
____For each cabinet or drawer: Remove items, wipe out drawer, place items back neatly.
___Wash and sanitize cutting boards
___Wash cabinet doors and knobs
___Clean and organize pantry.
___Check food expiration dates.
___Clean oven.
___Clean stove top. Remove elements and drip bowls, if applicable, wash and put back.
___Clean and organize fridge and freezer.
___Check food expiration dates.
___Clean under fridge and stove.
___Vacuum refrigerator coils.
___Clean microwave.
___Clean crumbs out of toaster.
_-_Wipe down any other counter appliances
___Wash and shine sink. Shine faucet. Clean drain.
___Clean Dishwasher with vinegar.
___Dust light fixtures.
___Wash windows and window sills. Remove window screens and wash.
___Wash switch plates.
___Wash walls and trim as needed.
___Wash doors and door knobs.
___Wash counters and back splash.
___Wash vent covers
___Sweep and wash floor.

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## -Dining Room

___Open windows.
___Wash curtains.
___Wipe down table and chairs.
___Wipe down or dust other furnishing.
___Clean chairs
___Polish table
___Create a pretty spring vignette on table.
___Dust any displayed china or serving dishes.
___Launder table linens.
___Shine silverware.
___Dust art.
___Wash windows and window sills. Take out and wash window screens.
_-_Wash switch plates
___Wash walls and trim.
___Wash doors and door knobs
___Wash vent covers.
___Clean floors.

## Your Spring Cleaning Guide

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## Living


___Open windows
___Vacuum sofas
___Spot clean sofas, if applicable
_-_Launder throw pillows and blankets
___Dust shelves, furniture and decor
___Clean lamps and lampshades
___Wash windows and window sills
___Take out and wash window screens
___Clean television screen

___Carefully dust electronics
___Tidy electronics wires. Tuck nicely out of sight
___Sort through music and DVD collections. Purge things that no longer suit your families interests. Organize what is left in an attractive manner.
___Sort books and magazines. Donate or recycle ones that no longer suit your families interests.
___Wash hard plastic children's toys with warm soapy water. Rinse and dry. Launder stuffed toys. Donate or store toys that your children have grown too old for. ___Wash switch plates
___Wash walls and trim as needed
___Wash doors and knobs
$\qquad$ Clean floors

## Your Spring Cleaning Guide

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## Laundry

## Room

___Open windows
___Wash windows and window sills
___Take out and wash window screens
___Wash cabinet doors
___Wash inside cabinets
_-_Wash laundry sink. Shine faucet. Clean drains.
___Wash outside of washer and dryer
_-_Wash inside of washing machine
___Wash lint trap with soap and water to remove filmy build-up from laundry soaps and dryer sheets. Let air dry thoroughly before putting back in place.
_-_Wash switch plates
___Wash walls and trim
___Wash doors and door knobs
___Wash floor registers and other vent covers
___Sweep and wash floors
$\qquad$ Reseal grout lines, if applicable


## Your Spring Cleaning Guide

## Bathrooms

___Open windows
___Wash windows and window sills
___Take out and wash window screens
___Wash cabinet doors
___Wash inside cabinets
___Dust down the ceiling and corners
___Dust the vents and fans
___Scrub the shower and tub
___Clean/wash shower curtain
____Scrub down the toilet
___Vacuum Out the Closet
___Wash down the sink and fixtures
___Clean out underneath sink
___Wipe Down Light Switches, Fixtures
___Shake out bathroom rugs/wash
___Clean Windows and Mirrors
___Empty and wash out the trash can
___Go through any junk drawers you may have and clean them out
___Clean the Floors

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## Bedroom

___Pick Up and Put Away All Clothes, Books, Belongings
___Strip the Bed
___Launder the Bedding
$\qquad$ Flip the Mattress
___Push Aside the Bed and Clean Under It
___Vacuum Out the Closet
___Dust all Surfaces
___Wipe Down Light Switches, Fixtures and Ceiling Fan
___Dust down the ceiling and corners in the master bedroom.
___Clean Windows and Mirrors
___Wash Curtains or Clean Blinds
___Remake the Bed
___Go through any junk drawers you may have and clean them out
___Clean the Floors/Vacuum the Carpet


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## $7 . K i$ <br> ds Room <br> GPlayroom

___Pick up all trash
___Find everything that belongs in another room
___Put away things that are on the floor
___Put away the things on the desk, dresser and nightstand
___Dust
___Clean any glass
___Change the sheets
___Make bed
___Pick up all dirty clothes
___Refold or rehang all clean clothes
___Wipe down door and trim
___Clean windows
___Clean Curtains
___Vacuume/mop


## Your Spring Cleaning Guide

## -Stairwells

_-_Sweep/vacuum stairs
___Spot clean walls
___Wipe down handrail
___Dust art and light fixtures


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# Outside 

_-_Sweep porches and walkway
___Wash thresholds
___Wash exterior doors
___Give front door a fresh coat of paint, if necessary
___Clean or replace welcome mat
___Wash siding
_-_Change any burnt out light bulbs

## Your Spring Cleaning Guide

## Keep Yoyr Home Lookingyreat <br> The 15 minute clean up method

If you have last-minute hosting duties or have just forgotten to clean the house in a while, use the 15 -minute cleanup plan for any room (or all of your rooms). Try setting a timer and doing it all in 15 minutes.

## How a 15-Minute Cleanup Works

A 15-minute cleanup works because it recognizes that there are three types of items you need to clean up in a room. Everything falls into one of three categories:

1. Trash
2. Things that don't belong in the room.
3. Things that belong in the room, in a different place.

Having only a few categories to sort items into makes a pickup run more smoothly. The 15minute cleanups also work because they are designed to maintain a room. Having a quick cleaning session in a room several times a week will keep your home looking great between more intense cleanings.

## What a 15-Minute Cleanup Is and Isn't

A 15-minute cleanup is a brief step-by-step guide to cleaning a room in 15 minutes or less. While the room may not be white glove clean, it will be presentable to guests. Quick cleanups are a great way to maintain a home in between more thorough cleanings. These cleanups include step-by-step instructions, a list of supplies, tips, and links for more thorough information.
A 15-minute cleanup is not the only cleaning regimen you'll need to keep your home in tiptop shape. It's not an intense cleaning, but only a brief pickup of a room. To really keep a home clean, more thorough work will need to be done according to your cleaning schedule. Before intensely cleaning a room, it's a good idea to start with that room's quick 15-minute cleanup.

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## Who is



Origen Realty is a full-service real estate brokerage, combining the best of tradition and innovation. Our agents are client-focused and provide traditional one-on-one service to each client. We pride ourselves on being the most knowledgeable in the industry.
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